

FACILITATOR: Good morning! My name is Melinda, and I'm here with the Child Safety Puppeteers. We go to schools and help kids learn about personal safety, or touching safety.

SAMANTHA: (**enters excitedly**) Yikes! Melinda! You won't believe what I just saw!

FACILITATOR: Hi Samantha. She's our safety expert. Hey, can it wait? We're just about to talk about personal safety here.

SAMANTHA: (**waves to kids**) Hi everybody. (**to facilitator**) No, it can't wait! It's about *MY personal safety*! I was nearly killed on the way here!

FACILITATOR: Whoa Sam! Alright, what happened?

SAMANTHA: Well, I was driving my little monkey-mobile and I came to a big, busy street. The cars were going every which way, turning in front of each other, going the wrong direction, driving on the sidewalk!!!

FACILITATOR: Seriously? Well that sounds pretty chaotic. Traffic must have been all jammed up.

SAMANTHA: Chaotic! Jammed up! People were crashing into each other! There was yelling and screaming, and crunched up cars!

FACILITATOR: Did anyone get hurt?

SAMANTHA: Of course they got hurt! Someone even crashed into the ambulance!

FACILITATOR: Oh Samantha! That's awful! What do you think caused all that?

SAMANTHA: Maybe it was because there were no signs, or lines, or signals on that street, and nobody was following any traffic rules at all. It was a complete mess and there was a lot of damage... (**thinking**) Hey...

FACILITATOR: What...

SAMANTHA: Hey, hey, hey...

FACILITATOR: What, what, what...

SAMANTHA: Hey, hey, hey, hey, hey...

FACILITATOR: Samantha... What?

SAMANTHA: Signal lights tell us rules for driving. If people don't follow driving rules, there's a lot of chaos and people get hurt!

FACILITATOR: That's right Samantha.

SAMANTHA: And if people don't follow rules for touching, there's a lot of chaos, and people get hurt.... No wonder we have that signal!!

FACILITATOR: You're right Samantha! **(to kids)** See the green light? When you're driving in a car, and see a green light, what do you do? *(go)* Of course.

You may have seen these pictures in first and second grade, but let's review. There's Samantha's happy face. How about the boy and his dad? Do they both look safe and happy?*(yes)* So, the kind of touch that's safe and happy, and you want to keep going, we call a Green Light Touch.

What are 3 examples of Green Light Touches? *(hugs, handshakes, high-fives)*

FACILITATOR: Let's look at the face under this yellow light. What kind of face is that? *(confused, in between)*

How about this picture? What's going on? *(boy squeezing girl's neck)* Do you think he knows he's doing it? *(no)* So would you say he's doing it on purpose? *(no)*

But I don't think she likes it, do you?

SAMANTHA: She's getting a yellow light touch! Yellow light touches are touches that you don't like or want, even if they are meant to be nice.

FACILITATOR: So, here's an example of a yellow light touch. Let's pretend that my Uncle Bob has come to visit. I haven't seen him since I was a baby and I feel shy. He says, "Come sit on my lap and give me a big kiss." But I don't want to. That would be a yellow light touch - a touch you don't like or want, even if it's meant to be nice.

So, what do you think? Do I have to sit on Uncle Bob's lap and kiss him? *(no)*

Samantha, what could I say to my Uncle Bob?

SAMANTHA: Well, I think I would say, "Uncle Bob, how about a high-five?" It's always OK to say "No" to touches you don't want.

FACILITATOR: Is it OK for a kid to say no, even to a grown up? *(yes)* Yes! Because your body belongs to YOU!! And that means you get to decide who touches you.

Samantha, what's another kind of yellow light touch?

SAMANTHA: Well, there are touches that start out fun but sometimes get rough, like tickling or wrestling.

FACILITATOR: You mean touches that you like at first, but then you change your mind about them.

SAMANTHA: Yes! Those are yellow light touches! I have this friend named Rodney who keeps sneaking up behind me, and scaring me!! I used to laugh, but I'm tired of it. I wish he'd just stop.

(Rodney sneaks up behind Sam...Show just tops of ears...MAKE SURE kids can see you being sneaky!!)

FACILITATOR: Samantha, I just heard you say it's always OK to say "No" to touches you don't want.

SAMANTHA: Yeah, I know, but it's hard when it's a friend...

(Rodney jumps on Sam, yells "Gotcha!!")

SAMANTHA: **(screams)** AAAHHG! **(laughs weakly)** Oh, Hi, Rodney **(sadly)**.

RODNEY: Hey - I heard you talking about saying "NO" to someone. So, who is it?

SAMANTHA: Well... the person I need to say "NO" to is a special friend and a nice guy and I don't want to hurt his feelings...

RODNEY: Well, Sam, you've got to be strong inside and stand up for yourself. Nobody should be touching you in ways you don't like! Let me at 'im!! I'll take care of him for you!

SAMANTHA: Well...,

RODNEY: Don't be afraid, Sam. Who is it? I'll tear 'em up!

SAMANTHA: Ummm... the person is *you*, Rodney!

RODNEY: Huh?? MEEEE!??

SAMANTHA: Yeah, I don't like the way you sneak up and jump on me. It scares me. Could you find a different way to say hello?

RODNEY: **(sheepishly)** Sure, I guess so! Hey, I know!! How about one of those cool handshakes? We could think of a real fancy one.

(Rodney and Sam work up a cool handshake together, use sound effects, have fun with it!)

FACILITATOR: Learning to stand up for yourself and say "No" to touches that you don't like is a very important way to keep yourself safe!

SAMANTHA: Hey, let's pretend you're at the movies with your older sister. Your sister gets up to get some popcorn and a man sitting behind you puts his hand on your hair and tells you your hair is beautiful.

FACILITATOR: How would that make you feel? *(scared, yucky, weird)* What could you say to that man? *(Stop please. Don't touch me.)* Then what could you do to stay safe? *(move to different seats, tell someone who works at the theater, go get sister)*

So first, you would say No or Stop, second, you would move away, and third, you would tell someone.

RODNEY: How about this? Let's pretend that a neighbor offers you an expensive present, like an Xbox 360. He says that you can come to his house and play it anytime, but you don't need to tell your parents about it.

FACILITATOR: How would you feel? (*confused, excited, scared*) What could you say to the neighbor? (*My parents wouldn't like that. That would be lying. No thanks.*) What should you do next? (*go tell a parent, go home*)

If someone tells you not to tell your parents about something, is that a clue? What should you do? (*tell your parents*) That person is trying to trick you into doing something bad.

How about this? Someone asks if you want to see some pictures on the Internet, but says not to tell anyone. What should you say? What should you do? (*say NO and tell your parents*)

SAMANTHA: Speaking of saying NO, we should talk about a RED Light Touch!

FACILITATOR: Who can guess what a Red Light Touch is?

Check out Samantha's face. Let's look at the picture under this light. Does that look like a touch that needs to stop? (*yes*)

And how do you stop a Red Light touch? (*say no, stop, I don't like that, etc. Then walk away and tell someone*)

RODNEY: At my school there's a kid who hurts people over and over. And guess what? She's a girl! She gives Red Light Touches all the time, even when we ask her to stop!

SAMANTHA: Rodney, that sounds like bullying! And we have a puppet show about it! Let's watch.

(Samantha and Rodney exit)

FACILITATOR: This is a puppet show about standing up and saying NO to bullying. Lisa and Lou are standing in line for tetherball on their school playground. Let's see what happens...

---BULLYING---

LISA...Badger with bow

LOU....Badger with shirt

DEREK...Badger with earring

(Lisa, Lou and Derek enter)

DEREK: (shoves Lou hard) Why are you in this line? This line is for people who **KNOW** how to play tetherball!

LOU: (says in a whiny voice) Owww... That's not very nice.

DEREK: What are you going to do - go tell your mommy? (shoves Lou again, then exits)

(Lou sighs, hangs his head)

LISA: Derek's so mean - why do you let him push you like that?

LOU: He shoves me every day - I keep thinking that if I ignore him he'll leave me alone.

LISA: I don't think ignoring him is working. Derek is bullying you and you've got to stand up for yourself!

LOU: Well yeah, but I don't know *how*!

LISA: Recognize. Refuse, and Report.

LOU: Huh?

LISA: That's what you do! First, you recognize when someone is bullying. And you say, "That's bullying!" Then, you refuse it. You say, "STOP!" Then, you report it. You walk away and find an adult to tell.

LOU: Then he'll just call me a tattler-tale.

LISA: So what! You're **not** a tattler-tale, Lou! Tattling is just trying to get people in trouble. You're **reporting**. You're telling an adult to keep yourself safe.

LOU: I don't know...

LISA: Lou, stand up straight, and use a strong voice. Remember, all you have to say is "Derek, that's bullying! STOP!" Then walk away. I'll help you.

LOU: I think I'd better go home and practice.

LISA: Good idea! I'll see you back here tomorrow.

(Lou and Lisa exit)

FACILITATOR: **(to class)** While Lou goes home to practice, let's talk about what he needs to do. *(Recognize. Refuse. Report)* or *(say 'That's bullying. Stop'.)*

Now let's talk about what Lisa needs to do. Lisa's called a bystander. What is a bystander? *(someone who watches bullying)*

Have you heard of this saying? "If you're not part of the solution, you're part of the problem."

If Lisa watches Lou get bullied and doesn't do anything, as a bystander, is she part of the problem or part of the solution? *(Problem)*

What should she do to be part of the solution? *(stand up for him, tell a teacher, use her power to help Lou)*

Okay, let's see what happens tomorrow in the tetherball line...

---BULLYING, PART TWO---

(Lisa, Lou and Derek enter)

DEREK: Hey, wimp! I thought I told you not to get in this line! **(pushes Lou)** The baby line's over there!

LISA: **(quietly to Lou)** You can do it, Lou!

LOU: Derek, that's bullying. STOP!

LISA: Yeah, Derek. It IS bullying. Leave Lou alone. Come on Lou, let's go.

(Lisa and Lou turn around and walk away)

DEREK: Hey, where you going? To tell on me? Tattle-tales!

LISA: **(turns around)** We're not tattle-tales, Derek. We're telling a teacher to keep Lou safe, and all the other kids you push around everyday!

DEREK: I was just kidding! Alright, I'm sorry, OK? **(exits)**

LOU: Hey, thanks Lisa!

LISA: No problem, Lou! Way to go! **(puppets high five and exit)**

---PLAY ENDS---

FACILITATOR: Do you think that telling an adult makes a bullying problem better or worse? *(kids answer)* It almost always makes the problem better. If you have a problem with a bully, it is important to talk to an adult about it, and if that adult doesn't help you, you tell another adult until someone does help you.

(Rodney and Samantha enter)

FACILITATOR: **(to class)** Another kind of touching we're going to talk about today is private parts touching.

RODNEY: Oh man! I feel embarrassed to talk about private parts, especially here at school!

FACILITATOR: We don't usually talk about private parts at school, do we?

(Rodney and Samantha both shake their heads no)

But there are people who sometimes try to touch kids on their private parts, and you need to know what to do in case it happens to you.

So let's talk about the Touching Rule.

Here it is. "No one should look at or touch your private parts, except to keep you clean and healthy. And no one should ask you to look at or touch their private parts, for any reason." That's the Touching Rule, and if someone tries to break The Touching Rule, what kind of touch is that? (*red light touch*)

And what do we do to stop **any** kind of Red Light Touch? (*Say NO, Go and Tell*)

RODNEY: Wait a minute. What do you mean, "except to keep you clean and healthy"?

SAMANTHA: Well Rodney, when my baby cousin poops in his diaper, he's not old enough to clean himself, so his mom has to touch him on his private parts to clean him up.

FACILITATOR: That's right Samantha. It's okay for a grown up to touch a child's private parts to keep him clean!

SAMANTHA: And when I go to the doctor and get a shot in my behind, the doctor has to see my privates.

FACILITATOR: That's right. We know that doctors or nurses sometimes have to see or touch you on your private parts to keep you healthy.

(Rodney and Samantha exit to change puppets)

FACILITATOR: So that's the only time an adult can touch a child's private parts, to keep him or her clean and healthy.

We have a story about some kids who were getting Red Light Touches from someone they knew and they had to get brave about telling. You want to see it?
(*yes*)

-----ROSY AND JACK-----

ROSY.....gray bunny with bow

EMMA/EMMETT.....big brown bunny

JACK.....gray bunny

MR./MRS. JAMISON (same actor as Jack).....white dog with glasses

FACILITATOR: This is the story of Rosy and Jack. This is Rosy.

ROSY: **(enter and stay)** Hello.

FACILITATOR: And this is her younger brother, Jack.

JACK: **(enter and stay)** Hi there.

FACILITATOR: And this is their friend Emma.

EMMA: **(enter and stay)** Good morning, boys and girls. It's nice to meet you.

FACILITATOR: There was a time, not long ago, that Rosy and Jack were scared. Someone they knew was breaking The Touching Rule and touching them in their private places, in places they did not want to be touched.

(Rosy and Jack hunch over and hide faces)

FACILITATOR: "Rosy and Jack," that person said to them, "this is our special secret, and you are not to tell. Here, take this candy because we are special friends. Remember don't tell your mom or dad. If you do, they will get very angry with you and punish you."

ROSY: That bad touching made us scared. We didn't know why he would do this to us. And keeping it secret made it worse. After the touching, Jack would hide in the closet and cry.

JACK: Rosy would get mad and throw things. She got in trouble a lot. One time, she even hit someone at school. Mom couldn't understand what made her do something like that. But I think I understood.

ROSY: I didn't like telling on the person who made Jack and me keep bad secrets. I was afraid of getting in trouble, and I was afraid he might get in trouble too. Sometimes I liked him, but I never liked the touching.

EMMA: One day, Rosy decided she had to tell someone.

ROSY: I could have told Mom, but what if she got angry?

JACK: She could have told Grandma. She could have told our neighbor. She could have told the doctor. **(exit)**

EMMA: But Rosy decided to tell her teacher, Mrs. Jamison. **(exit)**

(enter Mr./Mrs. Jamison)

ROSY: Mrs. Jamison, could I talk to you about something?

MRS. JAMISON: Sure Rosy, what is it?

ROSY: I don't know if I should tell you.

MRS. JAMISON: Well Rosy, you know I care about you. If something is bothering you, I will help you with it.

ROSY: Ummm...

MRS. JAMISON: Yes Rosy?

ROSY: Mrs. Jamison, I'm getting some bad touches from someone, some Red Light Touches and I don't know what to do. I want to tell my mom, but I'm scared.

MRS. JAMISON: Oh Rosy, I'm glad you told me. You were brave to tell and it's a good thing you told. It's not your fault. I'm going to get you some help.

ROSY: You are?

MRS. JAMISON: Yes, I am. I'm going to call a friend who can talk to you. **(exit)**

ROSY: My teacher listened to everything I said, and she believed me. She said I was brave to tell, that Jack and I should never have to keep bad secrets.

JACK: **(enter)** Rosy's teacher, Mrs. Jamison, said that what happened was not our fault. She called a friend who helped us tell our mom.

ROSY: And guess what, Mom wasn't angry at all. She was sad that we'd been scared and upset, and she said it wasn't our fault.

JACK: Mostly, she said she loved us, and that she would make sure the bad touching stopped.

After awhile she took us to see a grown up named Emma.

(Emma enters)

EMMA: Jack and Rosy, I know you have some bad feelings and worries. I want to help you with them.

ROSY: At first, I didn't want to talk to Emma, but after awhile I thought she was sort of nice.

JACK: I felt shy in front of her, but we played games and drew pictures until I felt OK.

EMMA: I told Rosy and Jack that the bad touching that had happened to them was called "sexual abuse", and that it was wrong.

ROSY: Emma told us, "You should never have to do anything that hurts you or makes you feel scared."

EMMA: The person who touched Rosy and Jack used his power, like a bully, to make them feel scared and unhappy. He was wrong to do it and wrong to make them keep bad secrets about it.

JACK: We learned a lot of things from Emma. We learned that all children have rights. We have the right to be safe!

ROSY: And we have the right to NOT have to keep bad secrets!

JACK: We have the right to tell an adult if we are scared.

ROSY: And we all have the right to say who can touch us. My body is my own and I'm in charge of it. I get to decide who touches me.

EMMA: Rosy and Jack learned that they are in charge of their bodies and their bodies can tell them when they're feeling unsafe.

ROSY: When I feel scared and unsafe, I have butterflies in my stomach. My heart beats really fast and I feel hot. Sometimes my knees shake and I feel like I can't even move.

JACK: When I feel unsafe, I get goose bumps and sweaty palms and I feel like running away! Emma said we should listen to what our bodies tell us and get some help when we need it.

ROSY: One day, Emma helped us write down the names of the adults that help keep us safe.

JACK: We wrote down the names of adults we could talk to if we ever have secrets that make us feel bad.

ROSY: I wrote down my mom, my dad, my teacher, and Emma.

JACK: I wrote down my grandma, my doctor, the principal and my parents.

EMMA: Back at home, the person who had sexually abused Rosy and Jack had been sent away. Now Rosy and Jack were safe anywhere around their house.

ROSY: I was safe in the garden and safe in the bath.

JACK: I was safe getting dressed and safe in bed at night.

ROSY: Sometimes, when I think about it, I still get angry. When that happens, I jump up and down really hard on the trampoline.

JACK: But now, if we ever feel scared or sad, we go talk to Mom or Dad. The only secret we have now is a *good* secret. Next week is Mom's birthday, and we got her the coolest thing! I can't wait to give it to her!!

ROSY: Thanks for listening to our story. Remember, no one should touch you in ways you don't like. If somebody does, tell an adult you trust!

EMMA, ROSY, and JACK: **(together)** No more secrets!

(exit)

FACILITATOR: So if someone ever tried to give *you* a Red Light touch and you needed to tell someone, who would *you* talk to? It could be your parents, your grandparents, your neighbor or your teacher. Don't forget the trusted grown ups you know at school. Can you point to a grown up in this room who cares about you and would help you?

(enter Rodney and Samantha)

RODNEY: Hey, What if it's too late? What if someone already HAS a touching secret?

SAMANTHA: Rodney, it is NEVER too late to tell a grown up about it, even if the touching happened a long time ago. Remember, if you're keeping a secret that makes you feel bad inside, you need to tell someone!

(Emma comes up with phone cards)

SAMANTHA: Melinda, here are some cards for the kids to write down the names and phone numbers of adults they could talk to about a red light touch.

FACILITATOR: Oh, thanks. Samantha, could you tell us about these cards?

SAMANTHA: On one side of the card there is a place for you to write the names and phone numbers of 4 adults you could talk to. They should be grown ups you trust who could help you if someone was hurting your body or touching your private parts.

RODNEY: On the other side of the card, there is a special phone number for any child in the United States who is having a serious problem and can't think of anyone else to call and talk to. There is a trusted adult, like a teacher, who will answer the phone day or night and help you.

FACILITATOR: If your house is on fire, what number should you call? *(911)* If your dad falls and breaks his leg, what number should you call? *(911)*

The number on this card is for touching emergencies. If someone is touching your private parts or hurting your body, and you can't think of anyone to talk to about it, you can call this number and someone will help you.

Do you have any questions about the card? Filling it out is a job you can do at home so I will give them to (your teacher) to put in your homework folder.

Thank you for being good listeners and good thinkers. Would you like to meet our puppeteers from _____ High School. I know they would like to meet you. Would you stand up, introduce yourselves and tell us what puppets you played?

Let's clap for them!!!

I will be here for a few minutes if you have a question or want to talk to me about anything.

Thanks for having us in your class!