

FACILITATOR: Good morning/afternoon. My name is \_\_\_\_\_ and I'm here with the Child Safety Puppeteers. We go around from school to school and help teach kids about personal safety, which means staying safe from bullying and inappropriate touch.

So, let's get started. I'd like to introduce you to Jezebel.

**(Jezebel enters)**

JEZEBEL: Hey kids! My name's Jezebel and I am soooo popular at my school.

FACILITATOR: Jezebel is in 5<sup>th</sup> grade and she is nearly perfect. She gets straight A's. She has lots of friends. Obviously she wears cool clothes.

**(Jezebel nods and preens)**

She's the president of her class. Sometimes she has a problem with bullying.

JEZEBEL: **(Looks at facilitator, shocked)** What!?! I do not!! I would never....

FACILITATOR: She doesn't always realize that she's bullying, but a lot of her friends have been hurt by it. This is Rachel. She is one of those friends.

RACHEL: Hi everybody. Hi Jezebel!!

JEZEBEL: Hi Rachel. Hey, do you want to spend the night Friday?

RACHEL: Oh, shoot, I can't. I'm having Leah over.

JEZEBEL: Leah? Are you kidding? You're having *her* over?!

RACHEL: Well, yeah, she's nice.

JEZEBEL: If puppets could roll their eyes, I'd be rolling mine. Come *on!* Tell her you have something *else* to do. You and I can rent a movie or something.

RACHEL: That wouldn't be very nice, Jezebel. Maybe I can come over to your house next week.

JEZEBEL: **(sadly)** ...Whatever...

RACHEL: I'm sorry. I really am. **(Rachel exits)**

JEZEBEL: **(sarcastically)** Uh, huh... sure you are, Rachel.

**(Becca enters)**

JEZEBEL: Oh hi Becca! Oh my gosh! Do you know what I *just* heard about Rachel? She still wets the bed. How gross is that!

BECCA: No way! Who told you?

JEZEBEL: She did! Plus, you can kind of smell it on her. It's so disgusting! There she is.

BECCA: Hey Rachel, come here.

RACHEL: Hi Becca!

**(Jezebel and Becca sniff around Rachel dramatically)**

JEZEBEL: Come on, Becca, we'd better warn people! **(both exit)**

RACHEL: **(confused)** What are you doing? Becca? Jezebel? **(exits)**

FACILITATOR: **(to class)** Today we're talking about bullying? Do you think this qualifies? Give me a thumbs up if you do. Who can tell me why? *(she's starting a rumor, she's being mean,)*

Does anyone want to read this definition of bullying?

RODNEY: **(enter)** I do, I do!!

SAMANTHA: **(enter)** Oooh pick me, pick me!!

FACILITATOR: **(to kids)** In case you haven't met, this is Rodney and Samantha.

RODNEY and SAMANTHA: Hi everybody...

FACILITATOR: Samantha, can you read this definition?

SAMANTHA: Yes! "Bullying is unfair and one-sided. It happens when someone keeps hurting, frightening, threatening, or leaving someone out on purpose."

RODNEY: Yeah, it's about trying to feel powerful or trying to get attention by hurting other people.

FACILITATOR: So, let's think about Jezebel and Rachel. Why is Jezebel treating Rachel like this? (*she's trying to get back at her for not spending the night*)

Is it fair? (*no*) Is it one-sided? Do you think Rachel will be hurt by it? (*yes*)

Usually people who bully us are *not* the people we think of as our friends, right? But sometimes friends do bully each other, which can make it hard to recognize. (**hold up poster**)

RODNEY: Check out the 3 R's of bullying - RRRecognize, RRRefuse, and RRReport. In order to stop bullying, we have to recognize it first!

SAMANTHA: Hey, let's take a little bullying test. Don't say your answers out loud or anything. Just think about them in your head. OK, ready? Have you ever called someone a name or made fun of somebody?

RODNEY: Well... maybe once or twice, or three or four times... but not a lot... well, there was that time just yesterday...

SAMANTHA: Rodney! You're supposed to be thinking about it in your head.

RODNEY: Oh yeah... (**quieter voice**) Well, and then there was last week...

SAMANTHA: Rodney! Shhh! OK everybody - Have you ever NOT let someone in a group because they were *new*, or because you didn't think they were *cool* enough?

RODNEY: Ohhh...now that's mean...but actually, now that I think about it, I think I have done that. Gosh Samantha! You're making me feel guilty!

SAMANTHA: Sorry, bud. How about this? Have you ever enjoyed making someone feel bad?

RODNEY: Yeah well, can we be done now? I think everybody has done at least one of those things. Does that mean we're all just baaad to the bone!?

SAMANTHA: No Rodney, but it means we can bully each other and not even know we're doing it!

**(exit Rodney and Samantha)**

FACILITATOR: Let's go back to the story and see what happens with Jezebel, Becca and Rachel.

**(enter Jezebel and Becca)**

BECCA: Hey Jezebel! I've told sooo many people that they should definitely NOT invite Rachel over - in case she ruins their furniture! **(both laugh)** Oh look, here she comes.

**(Rachel enters)**

JEZEBEL: Hey Rachel.

BECCA: Did you go swimming last night?

RACHEL: What are you talking about?!

BECCA: **(sniffs her)** Jezebel told me about your little problem.

RACHEL: What little problem!?

BECCA: You know, your little pee-pee problem. It's OK... you just can't spend the night at *my* house - in case you wet my bed!!

RACHEL: **(to Jezebel)** What?! Why would you think I'd wet your bed! Wait a second... Jezebel, did *you* tell her that?

JEZEBEL: (**laughs nervously**) Oh heck no, girl! Why would I do that?

RACHEL: Jezebel?

JEZEBEL: I was just kidding. I mean, seriously, it was just a joke.

RACHEL: It's not a joke; it's a rumor and you started it, Jezebel. I definitely don't want to be around someone who's going to bully me and start rumors about me. (**starts to walk away**)

JEZEBEL: But I'm not a bully!

RACHEL: Then why would you try to hurt me like that?

JEZEBEL: Wait, Rachel...I wasn't trying to be a bully. I was just really... mad that you wouldn't come over Friday. I didn't think about how it would make you feel.

RACHEL: I want you to tell everybody who heard it that it isn't true or else I'll go tell a teacher.

**(all exit)**

FACILITATOR: So did Rachel recognize Jezebel's behavior as bullying?  
(yes) How do you know? (*she said J. was bullying*)

So she recognized it. Did she refuse it? (yes) How did she refuse it? (*she told her to stop*)

Should she report it? (*answers vary*) If she were to report it, what would she say? (*answers vary*)

In most bullying situations, do you think it makes things better or worse to involve an adult? (*answers vary*) It almost *always* makes things better to talk to an adult about a bullying problem.

In our story, Rachel told Jezebel to tell everyone who heard the rumor that it isn't true. Give me a thumbs up if you think Jezebel is going to be able to do that. Why not? (*because rumors spread, etc.*)

There are different kinds of bullying. Sometimes girls bully differently than boys, right?

One kind of bullying is "Face to Face" and another kind is "Behind the Back" bullying. Which do you think this was? (*behind the back*)

What are some other examples of behind the back bullying? (*talking about someone or making fun of someone, excluding someone, pointing at someone*)

What would be examples of face to face bullying? (*hitting, pushing, etc.*)

**(hold up poster)** Do both kinds fit this definition of bullying? (*yes*) Which kind do you think is the most hurtful? (*answers vary*)

**(Rachel enters)**

RACHEL: I got bullied a lot at school, and I really struggled. My grades went down; I felt sick all the time, I tried anything to stay home from school because I felt so lonely and scared.

**(enter Jezebel, and Becca)**

BECCA: **(shoves Rachel)** Move out of the way, you nerd!

JEZEBEL: Yeah, you cut! Go to the back of the line.

**(Rachel moves back)**

RACHEL: Why do you guys have to be so mean to me?

BECCA: Oh look, the little baby's crying.

JEZEBEL: Maybe she needs a pacifier.

BECCA: Or maybe she needs a new diaper!

**(all exit)**

FACILITATOR: What kind of bullying is this? (*face to face*)

When Becca started being mean to Rachel, what did Jezebel do? (*joined in*)  
Do you know what we call a person who is watching someone else get bullied?  
(*a bystander*)

Does a bystander have the power to change things? *(yes)* What can a bystander do? *(stick up for the person, get help)* What if the bystander just stands and watches. Does *that* change things? *(yes, power goes to the bully)*

A bystander, no matter what he or she does, is either part of the problem or part of the solution.

Let's rewind and see how Jezebel could have made this situation turn out totally differently for Rachel.

**(enter Jezebel, Rachel, Becca)**

BECCA: **(to Rachel)** Move out of the way, you nerd!

JEZEBEL: Rachel, are you cutting?

RACHEL: No, I was here! I was.

BECCA: You were not. Go back!

JEZEBEL: **(kindly)** Becca, it's OK. It doesn't even matter. Here Rachel, you can get in front of me.

RACHEL: Are you sure? Thanks Jezebel.

JEZEBEL: No problem.

**(all exit)**

FACILITATOR: Raise your hand if you have been a bystander in a situation similar to this? Now think about whether you were part of the problem or part of the solution. How could you be part of the solution next time?  
(answers vary)

**(enter Rodney and Samantha)**

SAMANTHA: There's a third kind of bullying that's super embarrassing and really wrong! It's bullying about bodies! Another word for that is sexual harassment.

FACILITATOR: I bet you can guess what bullying about bodies means, but it would include things like this:

- Making jokes or comments about private body parts

- Teasing someone about being a boy or girl or about whether they act or look like a boy or a girl (like calling someone gay or lesbian)
- Starting rumors about what someone has done with someone else
- Touching someone inappropriately
- Showing someone inappropriate pictures or websites on a phone, Ipad or computer

RODNEY: There are school rules against sexual harrassment, and in some cases, there are laws against it.

FACILITATOR: Would bullying about bodies be unfair, one-sided, hurtful, frightening, threatening, or excluding? *(yes)*

Where do you think bullying about bodies occurs most often: middle school, high school, or college? Raise your hand if you think this kind of bullying happens the most in college....in high school....in middle school?

The answer is: in middle school (that's 6-8<sup>th</sup> grade) with high school a close second. So, since you'll be in middle school next year, it's important for you to be prepared to recognize, refuse and report that kind of bullying!

RODNEY: Let's say that your friend's older brother invites you into his room. He says he has some secret pictures of someone in your class and that you can see them, if you don't tell anyone about it.

FACILITATOR: How would you feel about that? *(creepy, scared)* What would you say to him? *(I'm not allowed...etc)* What would you do next? *(Leave and tell an adult)*

When you're told to keep something a secret, what does that tell you? *(it's not good or safe)*

SAMANTHA: Let's say you know someone named Josh. You're standing outside at recess, and someone comes up to you and says, "Did you know that Josh is gay?"

FACILITATOR: Is that bullying? *(probably)* How should you respond? *(say "I don't like rumors." "You don't know if that's true." "That sounds like bullying." Stop/refuse the rumor. Tell someone.)*

Whose responsibility is it to stop a rumor? *(everyone's - it's fair and caring)*

RODNEY: How about this? You're a girl and you're wearing a dress to school. When you bend over to get a drink at the drinking fountain, a boy flips up your dress. Everyone around sees your underwear. This is the second time he's done it and the last time it happened, you told him to stop it.

FACILITATOR: How would you feel if you were that girl? (*embarrassed*) What should you do? (*tell an adult*) Would you be tattling? (*no - you would be reporting*)

Now, the last form of bullying we're going to talk about today is private parts touching.

RODNEY: Are you kidding me?! It's so embarrassing to talk about private parts at school.

FACILITATOR: We don't usually talk about private parts at school, do we?

But that's part of what we do to help you stay safe.

First you need to understand The Touching Rule. Here it is: "No one should touch or look at your private parts, except to keep you clean and healthy. And no one should ask you to touch or look at their private parts, for any reason." (**hold up poster**)

SAMANTHA: If someone tried to break The Touching Rule, it would be unfair, one-sided, hurtful, frightening and threatening. This kind of bullying is against the law.

RODNEY: Hey wait, there are some times when it's OK for an adult to touch a child's private parts.

SAMANTHA: Yeah there is, Rodney. Sometimes parents need to help kids get clean, especially little kids, who need their diapers changed or their bottoms wiped. And sometimes doctors or nurses have to look at kids' private parts to keep them healthy, like when they give you shots in your behind!

RODNEY: That's the "clean and healthy" part of The Touching Rule. So the only time it's OK for an adult to touch a child's private parts is to keep him or her *clean and healthy*.

FACILITATOR: Now we know that some people try to touch children on their private parts. If it's not to keep you clean and healthy, then it's wrong and it's against the law. If someone asks you to look at or touch *their* private parts for any reason, it's wrong and it's against the law, especially if it's an older person.

In case it ever happens to you, let's talk about what you should do about it.

SAMANTHA: First, *recognize* that, unless the touching is to keep you clean and healthy, it's wrong.

RODNEY: Second, *refuse* it. Say no, or stop, or don't do that to me, or that's not OK, or I don't like that, or leave me alone... There are a lot of things you can say that mean NO! Then get away from the person as soon as you can.

FACILITATOR: What's the third thing we do? (*report it, tell an adult*) If someone is trying to touch you, will he or she want you to tell? (*no*) What might he or she say to *keep* you from telling. (*I'll hurt you. No one will believe you. You will get in trouble, etc.*)

What should you do? (*tell anyway*) Right, because there are a lot of adults who care about you who will protect you and help you, if you ever get into a situation like that. It's very important to tell, and to tell as soon as you can.

SAMANTHA: Think for a minute about who you could tell. It could be your parents, your grandparents, your doctor, your neighbor. It could be someone at school. There are a lot of trusted adults at school who could help you!

RODNEY: Point to an adult in this room who knows you and cares about you and would help you if you needed it! (*kids point to teacher*)

Hey, we have a story to tell about a girl who had to recognize, refuse and report a bully.

**(Rodney and Samantha exit)**

FACILITATOR: That's right, Rodney. This is a story about Jessie who was away from home at summer camp. Here it is.

---SUMMER CAMP---  
JESSIE...Little bunny with bow  
TONI...Beige rabbit  
CARL...Red fox

FACILITATOR: Jessie loved summer camp. She loved the cold, blue lake with the twisty water slide. She loved the morning hikes. She loved carving wood at the craft center, eating popsicles at the snack shack and singing songs around the campfire.  
She especially loved her counselor, Toni.

**(Toni and Jessie enter)**

JESSIE: Hey Toni! Can we go canoeing this afternoon?

TONI: Sure we can Jessie. I'd love to go canoeing with you! I'll go sign us up.  
**(Toni exits)**

JESSIE: Woohoo!! It's gonna be another great day at Camp Winnamucka! After lunch I'm gonna swim, and then Toni and I are going canoeing and then I'm gonna find some people for a soccer game. **(yells)** Who wants to play soccer later?!

**(Carl enters)**

CARL: Sheesh! Pipe down, ya' freakshow! Yeah, I'll play soccer with you, after you buy me a popsicle at the snack shack. I'll take a red Rocket-Pop.

FACILITATOR: That's Carl. He's a lot older than Jessie and he's been coming to camp for a long time now. His favorite thing to do is boss younger kids around.

CARL: Come on, I'm in the mood for a popsicle.

JESSIE: **(uncomfortably)** Uh well...It's time for my knot-tying class, and besides, my money's in my cabin.

CARL: You want to play soccer later or what! You wanna' be my friend or what?!

JESSIE: But what about my class?

CARL: What about it? You're buying me a popsicle! What could be more important than that?

FACILITATOR: Jessie was scared of Carl. He was bigger and older than her, so she did what he said - she ran to her cabin for her money, then went to the snack shack and bought him a red Rocket-Pop.

CARL: Took you long enough! Hey, see those woods over there? You ever been in 'em?

JESSIE: **(shocked)** No! You know we're not allowed to go over there! That's outside the camp boundary. It's off-limits!

CARL: Well yeah...to scaredy-cats. Right over there, that's the secret Indian cave. You oughta' check it out.

JESSIE: What do you mean, an Indian cave? What's in it?

CARL: I'm not telling you... but I'll show you. Come on...you brave enough or what?

FACILITATOR: Jessie was curious about the cave, but more than that, she was afraid to say no to Carl. She felt her stomach go queasy and her knees go weak. She didn't want to break the camp rules.

CARL: **(quietly into Jess's ear)** You'll be cool if you do....

JESS: Um, well....okay, I'll go, but only for a couple minutes.

FACILITATOR: **(to class)** Do you think this is going to turn out well? *(no)* What should she do? *(go back)*

CARL: So we gotta' run across the field, go over the fence, and then hide behind that big tree. Once we're out of sight, I'll lead you to the cave. Let's go! Go! Hurry up! **(Jessie and Carl exit)**

FACILITATOR: Carl and Jessie reached the cave and crawled through the opening. It was damp and cool inside and big enough to stand up. Jessie looked around for some paintings on the wall, or Indian artifacts, but all she saw was dirt and leaves. Carl pulled something out of his back pocket.

**(Jessie and Carl enter)**

JESSIE: Whoa, a whole bag of Sour Skittles! Where'd you get that!?

CARL: I bummed it off some little kid at the pool yesterday. Here, you can have the whole bag... IF you play a game with me first. It's a big-kid game, and it's secret. It'll be just **our** secret. You can't tell anyone. But we'll be good friends if you do. Here, take the Skittles.

JESSIE: OK, but... I'm ready to go back now.

CARL: Hold on. You just said you'd play the secret game, and if you don't, I'll tell the camp director that I saw you climb the fence and leave camp. Ha! They'll probably call your parents and have you sent home.... On the other hand, if you come over here and sit on my lap, maybe I *won't* tell on you. It's up to you... Hey, there's nothing to be scared of. It's cool, plus you get that whole bag of Skittles.

JESSIE: **(scared)** What are you talking about!? I don't want to sit on your lap!

CARL: Well, you just said you would! Come on. Hurry up!

JESSIE: I... I... did not! I'm going back. Here, take the Skittles.

FACILITATOR: Jessie darted towards the entrance of the cave, but Carl blocked her way.

**CARL: (threatening)** If you breathe a word about this cave to anyone, I will get you in so much trouble...do you understand?... Now, get out of here, and don't you dare tell or you'll be *real*/sorry!

**(Jessie exit first, then Carl)**

**FACILITATOR:** As fast as she could, Jessie ran out of the woods, through the field, over the fence and back to camp.

**(Jessie enter, then Toni)**

**TONI:** Hey Jessie! What are you up to? Aren't you supposed to be in a class?

**JESSIE:** I... uh...no, um... I don't feel so good. I think I need to lie down.

**TONI:** Jessie, what's going on? You look really upset.

**JESSIE:** No... no, nothing's going on... really... **(hides face)**

**TONI:** I don't believe you, Jessie. You know I care a lot about you. Whatever's upsetting you, I will help you with it.

**JESSIE: (hesitates)** Nothing, really, I'm ok.

**TONI:** Jessie...?

**JESSIE:** Well.... Ok... I'm in really big trouble, Toni. I'm going to get sent home, and beat up, and, and... I'm really, really scared!

**TONI:** Jessie, whatever is going on, we will keep you safe and work it out. Tell me why you're so scared...

**FACILITATOR:** Jessie told Toni all about leaving the camp and going with Carl into the cave. She told about the game he'd wanted to play and how he'd threatened her.

**TONI:** Jessie, I wish you'd never left camp, but I'm so glad you told me what happened. You were brave to say NO to Carl, brave to get away, and brave to tell. Now we can help you. We'll keep you safe.

**(Toni and Jessie exit)**

FACILITATOR: How do you think Jessie felt when she told? (*scared, relieved*) Would she have felt better if she hadn't told? (*no*) Could she have gotten any help in this situation if she hadn't told? (*no*) Would the situation have gotten better or worse? (*probably worse*)

**(Samantha and Rodney enter)**

RODNEY: Hey, what if something happened to someone a long time ago and they've never told anyone about it? What if it's too late?

SAMANTHA: Rodney, it is NEVER too late to tell a trusted adult about something that has happened to you, even if it happened a long time ago, and especially if it's about touching that makes you feel scared or bad inside.

FACILITATOR: If you ever need to talk to someone about bullying or inappropriate touch, think again, who could you talk to?

**(Rodney comes on stage with the telephone cards.)**

FACILITATOR: Oh, thanks, Rodney. Samantha, can you tell us about these cards?

SAMANTHA: These are for you to fill out and keep at home in a safe place. On one side, there are 4 lines for you to write the names and phone numbers of adults you trust that you could talk to. They should be adults over 18 who could help you if you needed it.

RODNEY: On the other side, there is a special number for any child in the United States who is having a serious problem, and can't think of anyone else to talk to about it. There is a trusted adult who will answer the phone day or night and help you.

FACILITATOR: If your house is on fire, or you need an ambulance, what number should you call? (*911*) If you have a touching emergency, if someone is either hurting your body or touching your private parts, talk to a trusted adult on this list about it. If you can't talk to an adult you know, you can also call 911 or you can call this number and someone will help you, day or night.

Thank you for being good listeners and good thinkers. Would you like to meet our volunteer puppeteers from \_\_\_\_\_ High School. Would you stand up, introduce yourselves and tell us what puppets you played?

I will be here for a few minutes if you have a question or want to talk to me about anything.

Thanks for having us in your class!

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